

Happy Birthday

New hires:

Terri Howard Ashton Puckett Stacey Pulliam

Staff Birthday's

Tessa Densford 6/1 Tracy Densford 6/6 Amy Oaks 6/7 Delia Thomas 6/11 Donna Bussell 6/20 Teresa Pantaleon 6/23 Beth Willoughby 6/24 Mable Leet 6/28

Resident Birthday's

Ruth Scott 6/1 Ernest Barbee 6/1 Brenda Bussell 6/8 Phyllis Reed 6/14 Tim Blevins 6/17 Judy Evans 6/19 Pearl Sosby 6/21

Bourbon Heights, Inc.

2000 S. Main Street Paris, KY 40361 859 987-5750

Bourbon Heights, Inc. is an independent, non-profit, multi-level facility, including independent apartments and adult day health center, with personal care, short term rehabilitation, outpatient rehabilitation, long term care, and respite care.

Features of the facility include: In-house beauty salon, free Wi-Fi, cable television, limited access security doors, personalized care, laundry services, daily activities, weekly chapel services and more.

The Bugle

2000 Main St. Paris, KY 40361

(859)987-5750

JUNE 2023

A monthly publication of Bourbon Heights Nursing Home, Inc. for the benefit of residents, their families, the staff and the community.

Employee of the Month: Shelby Fryman

Shelby started in 2020 as a Dietary Aide in the Kitchen. While working in the Kitchen, she had decided to become an SRNA. She enrolled in the State Registered Nurse Aide class through BCTC and completed the course. She than began working as a SRNA here at Bourbon Heights. Shelby's co-workers describe her as "caring." "She works so hard to take care of her residents and lends a helping hand to co-workers. She treats all of her residents like family." Her favorite things about working at BHI are her love for the residents, co-workers and the responsibility to her 5 children. Outside of work, Shelby enjoys



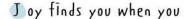
spending time with her kids doing meaningful activities. Her two favorite quotes are Carpe Diem meaning seize the day and que sera sera meaning what will be will be.

Congratulations Shelby!

Hello June

ATTENTION RESIDENTS!

If you wish to attend an outing, please let Activity Staff know in advance! First come, first serve spots!



Understand your value and

Nourish your need

E ven when it feels hard



Sun	Mon	Tue	Wed	Thu	Fri	Sat
without noti	ocation may be changed o ice, only when necessary. the escorted to and from activities.**	outdoor	Location Code: AR-Activity Room CY— Court Yard RV-Room Visits CH-Chapel Maintenance Building	1 10:00 Bugle Pass & Chat 2:00 CY Cup Shootout with Watermelon Afternoon Mail Pass	2 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Bingo-AR Afternoon Mail Pass	3 10:00 Repeat the Phrase-AR 2:00 Icees-AR 3:00 Icees-RV Afternoon Mail Pass
4 10:00 Old Maids Day-AR 2:00 Cheese Sampling-AR	5 10:00 Resident Council-AR 10:45 Rise & Shine with Aegis-AR 2:00 Pretty Nails-CY Afternoon Mail Pass	6 10:30 A&B Music Ministries-CH 11:00 Service with Rex Graham-CH 2:00 Garden Exercise-CY Afternoon Mail Pass	7 10:00 Nature Walk-RV 10:30 Guitar Music with Dan-RV 2:00 Chocolate Ice Cream Day— M Afternoon Mail Pass	8 10:00 New Providence Baptist Chapel– CH 2:00 World Ocean Day Party-CY Afternoon Mail Pass	9 9:30 Walmart Outing 10:45 Rise & Shine with Aegis-AR 2:00 Bingo-AR Afternoon Mail Pass	10 10:00 Table Ball-AR 2:00 Iced Tea in CY Afternoon Mail Pass
11 10:00 Bowling-AR 2:00 Frozen Hot Chocolate – AR 1st Christian Church-RV	12 10:00 Rise & Shine Making/Baking 2:00 Peanut Butter Cookie Social-CY Afternoon Mail Pass	13 10:45 Music with Mary & Denver Pochodzay-CH 11:00 Service with Denver Pochodzay-CH 2:00 Silver Sneakers-TBA Afternoon Mail Pass	14 10:00 1st Presbyterian Communion isits 10:30 Guitar Music with Dan-RV 2:00 Celebrating Strawberry Shortcake Day-AR Afternoon Mail Pass	15 Wear Purple Day 10:00 Uno-CY 2:00 Calendar Planning-AR 4:00 CY Sitting Afternoon Mail Pass 7:00 From the Heart Singers-CH	16 10:30 Rise & Shine with Aegis-AR 2:00 Bingo-AR Afternoon Mail Pass	17 10:00 Kickball-AR 2:00 Music with Trudy Rose-AR Afternoon Mail Pass
18 9:30-11 Pancakes with Pops-AR Happy Fathers Day	19 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Pretty Nails-AR Afternoon Mail Pass	20 10:45 Music with Mark Murphy & Jean Patton-CH 11:00 Service with Kyle Sullivan-AR 2:00Ice Cream Soda Day-CY Afternoon Mail Pass	21 10:00 Hoop Toss-CY 10:30 Guitar Music with Dan 2:00 Bloody Mary Bar-CY 4:00 Table Ball-AR Afternoon Mail Pass 7:00 Annunciation Youth Bingo-AR	10:00 Yahtzee-AR 2:00 Drum Beats-AR Afternoon Mail Pass	23 Wear Pink Day 9:30 Walmart Outing 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Pink Party-AR Afternoon Mail Pass	24 10:00 Horseshoes-AR 1:30 Movie & Popcorn-AR Afternoon Mail Pass
25 10:30 Table Ball-AR 2:00 Ice Cream Sandwich Cart-RV 4:00 High St. Church of Christ-AR	26 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Uno-AR Afternoon Mail Pass	27 10:45 Music with Darnaby Kearns-CH 11:00 Service with Maire Smart- CH 2:00 Silver Sneakers-TBA Afternoon Mail Pass	9:00— Fair Outing (Sign up with Activities beforehand) Afternoon Mail Pass 4:00 Court Yard Sitting 7:00 Triplet Vocal Group-AR	29 10:00 7th St. Church-CH 1:30 JAC Patriotic Bell Ringers-AR 2:15 Patriotic Bracelet Making-AR Afternoon Mail Pass	30 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Red, White & BINGO- M Afternoon Mail Pass	1 10:00 Bugle Pass & Chat 2:00 Jokes & Cokes-AR Afternoon Mail Pass